



**73<sup>rd</sup> Annual New England Interscholastic  
Outdoor Track & Field Championship  
Saturday, June 9, 2018  
At University of New Hampshire  
128 Main Street, Durham, NH 03824**

Presented by the Council of New England Secondary School Principals' Association  
57 Northern Blvd., Colchester, CT 06415  
Executive Director: Donn Friedman, [donn@cnesspa.org](mailto:donn@cnesspa.org), (860-416-1884)  
President: Michael Lunney, Rhode Island Interscholastic League

**The tournament will be held regardless of weather conditions.**

**Meet Director:** Larry Martin, [lemnhxc@aol.com](mailto:lemnhxc@aol.com) Telephone - (603) 303-0688

**Entry Limit:** No athlete may compete in more than 4 events including relays. Each state will be allowed 6 entries per event. **Individual state participation rules apply.**

**Filing of Entries:** **One representative from each state** should send all entries electronically using Hytek's Meet Manager to Rick Berryman at [rick@lancertiming.com](mailto:rick@lancertiming.com). Entries should be sent as soon as your qualifiers are determined. All entries should be received by **noon, Monday, June 4, 2018**. If your state uses distances other than the 1600 meters and 3200 meters or 300 meter hurdles, please make the following adjustments to your seed times **before** you email the file:

1500 meters	add :18.0	for the 1600 meters
3000 meters	add :40.0	for the 3200 meters
Mile	subtract :01.5	for the 1600 meters
2 Mile	subtract :03.0	for the 3200 meters
400 m boys hurdles	subtract :16.0	for the 300 meter hurdles
400 m girls hurdles	subtract :19.0	for the 300 meter hurdles

**Registration:** Will begin at 8:30 am and remain open until noon. Registration will be in the front lobby of Lundholm Gymnasium, immediately in front of you when you exit the pedestrian tunnel from Lot A. **\*\*\*New this year – there will be an opportunity to register early on Friday between 5:00 – 7:00 pm (also in the lobby of Lundholm Gymnasium).\*\*\***

**Entry Fees:** **\$20.00** per individual athlete; **(New – no separate fee for relays - \$20.00 per competing athlete – one \$20.00 fee if the athlete is entered in multiple events.)** There will be no refunds and **no purchase orders** will be accepted, check or cash only. Checks should be made payable to the **CNESSPA** and paid at registration on the day of the meet. Please do not mail a check prior to the event.  
**(Note: Only team members listed on the entry submission (no relay alternates) and two coaches per gender will be allowed entry wristbands. \$10.00 per person can be added to the entry check for additional team members, including relay alternates, or additional coaches. All other members/coaches (including junior varsity members) will be required to proceed to the spectator entrance and pay admission.)**

- School Reps:** All competitors must have an adult representative of their school present in order to compete.
- Admission:** \$10.00 for everyone at the spectator entrance, which will open at 8:30 AM
- Rules:** NFHS rules will be followed.
- Web Sites:** [www.cnesspa.org](http://www.cnesspa.org); [www.lancertiming.com](http://www.lancertiming.com); [www.newhampshiretrackandfield.com](http://www.newhampshiretrackandfield.com)

### Order of Events

**Field Events:** Field events will begin at **10:00 am**.

Long Jump: 2 pits – Boys and Girls at the same time (10:00 am) followed by the Triple Jump  
 Pole Vault: 2 pits – Boys and Girls at the same time (10:00 am) Boys outside and Girls inside the Field House  
 High Jump: Boys followed by Girls  
 Shot Put: Boys followed by Girls  
 Discus: Girls followed by Boys  
 Javelin: Girls followed by Boys

**Running Events:** Running events will begin at **10:30 am**.

**Girls first except 100m/110m hurdles finals.**

- |  |                         |
|--|-------------------------|
| 1. Finals 4x800m Relay                           | 7. Finals 4x100m Relay  |
| 2. Trials 110m/100m Hurdles - on time 8 to final | 8. Finals 400m Dash     |
| 3. Trials 100m Dash - on time 8 to final         | 9. Finals 300m Hurdles  |
| 4. Final 110m/100m Hurdles                       | 10. Finals 800m Run     |
| 5. Final 100m Dash                               | 11. Finals 200m Dash    |
| 6. Finals 1600m Run                              | 12. Finals 3200m Run    |
|  | 13. Finals 4x400m Relay |

NOTE: Fastest sections will be run last. All athletes must check in TWO FULL EVENTS PRIOR to their event. Do not miss the check in. In the 100/110 m High Hurdles and 100 m Dash, the top 8 times will advance to the final.

**Awards:** Plaques will be awarded for first place and medals will be awarded for second through sixth place in all events. Athletes can pick up their awards under the awards tent located just outside Wildcat Stadium near the courtyard closest to Tent City **once the official event results are announced over the public-address system**. A New England Commemorative Pin and a Certificate of Participation will be awarded to every competitor at registration.

**UNH:** Concessions and lavatory facilities will be available. No locker rooms will be available. Spikes 1/4" pyramids or less may be used. Only officials and competing athletes will be allowed inside the track. The javelin surface is an all-weather runway, and spikes may be worn. Blocks will be provided, but athletes may use their own.

**Equipment:** All equipment must pass inspection at the meet according to National Federation Rules, and the approved shot, javelin and discus must be made available to any competitor. All implements will be inspected near the shot put and discus area. Athletes using non-certified equipment will be disqualified. Implements will be weighed beginning at 8:45AM. Priority will be given to events starting at 10:00AM. Batons will not be provided.

**Pole Vault:** **\*\*Every coach of an athlete competing in the pole vault must submit a weight certification form signed by a school official to the pole vault official prior to the warm-up period. \*\*** (Please use the form included in this packet or a similar state approved form.) The “5 alive” format will be used. The opening height in the girls Pole Vault will be 9’0” and boys Pole Vault will be 12’6” both will go up 9 inches after the opening height and then go up 6 inches at time (see below). An area will be provided for a designated coach for the pole vault. **Girls Pole Vault will be contested inside at the Paul Sweet Oval.**

**High Jump:** The opening height in the girls High Jump will be 5’0” and boys High Jump will be 6’0”. Both will go up 3 inches after the opening height and then go up 2 inches at a time (see below). The “5 alive” format will be used.

**Field Events:** All athletes should check in at the event site. All field events will be arranged so that those with the best qualifying performances will compete in later flights. The top 9 will advance to the final in the Long Jump, Triple Jump, Shot Put, Discus, and Javelin. In the horizontal jumps, all athletes are strongly urged to get a mark BEFORE the event begins. A fair warm-up will be allowed between flights expecting you to have a mark with which to start. In the throwing events, a warm-up will be allowed between flights but it will be controlled.

**Starting and successive heights of the crossbar:**

<b>Girls HJ</b>	5-00	5-03	5-05	5-07	5-09	5-11	6-01	then by 0-01
<b>Girls PV</b>	9-00	9-09	10-03	10-9	11-03	11-09	12-03	then by 0-06
<b>Boys HJ</b>	6-00	6-03	6-05	6-07	6-09	6-11	7-01	then by 0-01
<b>Boys PV</b>	12-06	13-03	13-09	14-03	14-09	15-03	15-09	then by 0-06

**Checking Out:** Athletes leaving from a field event for a running event must check out with the official of the event. **Athletes should not check out earlier than necessary.**

**Running Events:** Athletes need to declare their participation up to TWO FULL EVENTS prior to their event at the declaration table in the courtyard between Wildcat Stadium and Tent City (near the white Lancer Timing van). Runners will receive their hip numbers in the **clerking area near the start of the 100m Dash** once their event is called (**1 call only**). Athletes must stay in the clerking area until they are given their hip number and marched to the start.

**Protests:** The Meet Director will establish a Jury of Appeals consisting three coaches and two officials whose purpose will be to adjudicate all protests relating to the decisions made by the referee. The judgment of the Jury of Appeals is final.

**Team Tents:** No Tents in Stands. Please use Tent City on the old baseball field.

**Locker Rooms:** No locker room facilities will be available. Please come dressed to compete.

**T-Shirts:** Official New England Outdoor Track & Field Championship apparel will be sold at the meet. Apparel can be pre-ordered at <https://www.grteesmsp.com/> until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.

**Video Access:** The New England Outdoor Track & Field Championship can be streamed live and/or retrieved on demand through the NFHS Network for a fee. The link for access is: <http://www.nfhsnetwork.com/events/council-of-new-england-secondary-schools-principals-association/gam15ccad5cc9>

**Results:** Will be posted at [www.cnesspa.org](http://www.cnesspa.org); [www.lancertiming.com](http://www.lancertiming.com) ; [www.newhampshiretrackandfield.com](http://www.newhampshiretrackandfield.com)

**Directions to Wildcat Stadium at the University of New Hampshire:**

All parking and bus drop off will take place in Lot A: 15 Gables Way, Durham, NH

[Directions to Lot A](#)

From the West: US-4 East to Exit NH-155A; make right off of exit and follow signs to Lot A

From the East: NH-16 N/US-4 W to NH-108 S/Dover Rd Exit. Make left off exit and follow signs to campus and Lot A.

**Hotels:**

**Hotel agreements have not been arranged. There is only one hotel in Durham, but many hotels in the areas of Dover, Newington, and Portsmouth.**

**COUNCIL OF NEW ENGLAND SECONDARY SCHOOL PRINCIPALS' ASSOCIATION  
OFFICIAL 2018 OUTDOOR TRACK POLE VAULT WEIGHT CERTIFICATION FORM**

\_\_\_\_\_BOYS      \_\_\_\_\_GIRLS

School\_\_\_\_\_

Town\_\_\_\_\_

	Vaulter's Name	Certified Weight	Date
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

**WEIGHT CERTIFICATION SHOULD NOT OCCUR PRIOR TO JUNE 4<sup>th</sup>**

Name of School Medical Official\_\_\_\_\_

Title\_\_\_\_\_

Name of Coach\_\_\_\_\_

Name of Principal\_\_\_\_\_

**The principal certifies that the information contained on this form is accurate.**

Principal's Signature\_\_\_\_\_

Date\_\_\_\_\_

**NOTE: A COPY OF THIS FORM (or facsimile) MUST BE GIVEN TO THE POLE VAULT OFFICIAL AT THE START OF THE NEW ENGLAND MEET.**



